



## OFFICE OF PUBLIC INSTRUCTION

PO BOX 202501  
HELENA MT 59620-2501  
www.opi.mt.gov  
(406) 444-3095  
(888) 231-9393  
(406) 444-0169 (TTY)

Linda McCulloch  
Superintendent

# THINK FOOD

## School Nutrition Programs

September 2007



### SCHOOL REVIEWS ARE YOU READY?

The following schools will be reviewed during the 2007-08 school year:

Anderson, Belfry, Belt, Boulder, Cascade, Community Counseling, Culbertson, Dillon, Dodson, Drummond, East Helena, Elliston, Eureka, Frontier, Helena, Hellgate, Joliet, Jordan, Kalispell, Kila, Kinsey, Kircher, Lavina, Libby, Lima, Lone Rock, Loyola-Sacred Heart, Luther, Miles City, Missoula Co. Detention, Missoula Elem Schools, Montana City, MT Dept. of Corrections, NKWUSM, Our Lady of Lourdes, Philipsburg, Red Lodge, Ross, Ryegate, Saco, Sacred Heart, St. Regis, Sun River Valley, Superior, Swan River, Target Range, Terry, Trego, Troy, Ulm, Vaughn, West Valley, White Sulphur Springs, Whitehall, Wibaux, Wolf Creek, and Youth Homes.

If your school is scheduled for a review, you will receive a notification letter with complete instructions for preparing for the review. Schools are also expected to submit information for a nutrient analysis prior to the review. Instructions for the nutrient analysis are mailed when schools are notified of the date of their review.

The review schedule is flexible, so dates for all reviews are not available at this time. If your school is on the review list, look for your notification letter and instructions for preparing for the reviews approximately one month prior to the review date. Thanks everyone for all your hard work throughout the school year. If you have any questions, please call School Nutrition Programs at (406) 444-2501.

### SHORTENING UNAVAILABLE IN 2008

FNS has made the decision to eliminate all forms of shortening (both the hard and liquid forms) from the commodity foods availability list for all commodity programs that currently receive these products. Vegetable oil will continue to be available to FDPIR, TEFAP, and schools for use in cooking and food preparation.



FNS is removing shortening from the commodity foods availability list in keeping with their goal to bring commodities in line with the Dietary Guidelines for Americans (DGA). As you are aware, shortening's nutritional value

*"It is the mission of the Office of Public Instruction to improve teaching and learning through communication, collaboration, advocacy, and accountability to those we serve."*

offers only calories, saturated fat, and trans fat, and the 2005 DGA encourages consuming fats coming from sources of polyunsaturated and mono-unsaturated fatty acids such as fish, nuts and vegetable oils. Also, the DGA recommends keeping trans fatty acid consumption as low as possible; consuming less than 10 percent of calories from saturated fatty acids; and limiting intake of fats and oils high in saturated and/or trans fatty acids. The FNS will continue to review all commodities to determine where other changes may be necessary.

This change will be effective beginning January 2008 for schools. This will allow time for FNS to distribute shortening that may be available in the multi-food warehouse

### HAVE YOU JOINED MONTANA LUNCHLINE?

What is Montana Lunchline? It's a great source of recipes and ideas from other food service managers across the state. Got a question or concern that you need help addressing in your cafeteria? Lunchline is a great way to find out how other schools deal with the same situation. The Office of Public Instruction also provides School Nutrition Program/Food Distribution updates on Lunchline.



How do you join? It's easy; all you need is an e-mail address. To get started contact Katie Bark by telephone at (406) 994-5641 or by e-mail at [kbark@mt.gov](mailto:kbark@mt.gov).

### FOODSERVICE MANAGER REGIONAL TRAININGS COMING UP



Foodservice manager trainings are for new and experienced managers who deal with the day-to-day operations of school food service.

The trainings this year are being offered in Helena, Great Falls, Glendive, Billings and Missoula. Dates and times along with the registration form can be found at <http://www.opi.mt.gov/schoolfood/index.html>. The training is free but registration is required. Deadline for registering is October 15, 2007.

### COMMODITY BROWN RICE UPDATE

We were notified by the USDA that our order for B537 Brn Rice was not purchased during the October through December offering. They have moved it to a January 2008 delivery period in preparation for the next invitations.



### ADDITIONAL COMMODITIES

Bonus apricots and tomato sauce were not on the original order form when orders were placed in January but are available now. We also will be receiving additional canned corn and canned apple slices.

Use a commodity request form to place orders for any of these additional commodities. The form can be found at <http://www.opi.mt.gov/schoolfood/foodDistNEW.html>. Fax to Food Distribution at (406) 444-2955.

